



U3A Vall del Pop

April

NEWS4U

No. 69

2016

Dear Members,

Following a successful Annual General Meeting can I personally thank you all for putting your trust in me by asking me to be your President again, a role I'm privileged to accept and will endeavour, with your new committee, to fulfil your wishes and further the aims of our U3A Vall del Pop over the next year. Once the new committee meets on the 26th April we will begin in earnest putting plans together for our 10th anniversary celebrations later this year so I know we will have a busy time ahead of us.

Just to update those of you who were unable to attend our AGM on 7th April, we held an impromptu auction by selling two music key boards and stands donated by the Casual Choir which they had been given many moons ago but no longer needed. We held a Dutch auction, prices starting high and reducing until a bid was received securing the item, and thanks to the generosity of two of our members, Vincent and Peter, we raised €40 for charity, the money going towards supplies for Caritas. Thank you for your support.

Kind regards

We will be making special presentations to the outgoing Committee members at the May meeting, to thank them sincerely for all their valiant efforts and hard work on behalf of your U3A.



**MENÚ
ANTICRISIS 5€**

Your Committee
promise for 2016!!!

(Sign over door of car repair shop near Javea)!

2016/7 COMMITTEE ELECTED ON 7th APRIL

President	Jim Lockhart
Treasurer	John Nicholson
Secretary	Carole Wardle
Vice-President	Lorraine Bellami-Barker
Membership Secretary	Sonia Higginson
Assistant Membership Secretary	Brigid Redmond
Newsletter Editor	Lorraine Bellami-Barker
Web Master	Anna Cameron
TCET Representative	Sandra Welham
Almoner	Sue Harvey

Vacant Committee positions: -	
Groups Co-Ordinator	Urgently needed
Members Representative	"
U3A Liaison	"
Asst. Secretary	
Asst. Treasurer	
Asst. Groups Co-Ordinator	

If you, or anyone you know, might be willing to step forward for any of these important roles, please contact our new Secretary, Carole Wardle

secretary@u3avalldepop.com




There are rumours of an Extreme Heat Level 5 warning for Spain this summer. It may not happen, BUT preparation is all, so think about getting your home and car air-con units re-gassed soon.

OR, in an emergency, an electric fan works well if you cover yourself with a damp towel and have the air blow over you! Blue freezer blocks wrapped in a cloth and placed at the lymph points get core temperature down very quickly. (neck, armpits, groin)

Take care this summer please!

We will update you on this information.

HELP PAGE



U3A ALMONER CONTACT:

Sue Harvey - 965 730 605

Barbara Watmuff (new contact for assistance)

965 050 245 babsinpego@hotmail.co.uk

Aims of the Almoners: -

- To help members feel they are part of a caring organisation
- To offer sympathy to bereaved or hospitalised members with cards, flowers, E-mail and phone contact
- To make available appropriate information about other organisations which can provide suitable assistance
- For Christmas and New Year periods—to try to bring people together if they are otherwise on their own

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JALON VALLEY HELP

www.jalonvalleyhelp.com Helpline – 659 624 643

MABS

www.mabscancersupport.org

contact in Costa Blanca North: Sue Reula 664 266 991

MARINA SALUD

informacion.pacientes@marinasalud.es

966 429 137/8

DENIA HEALTH CENTRE

(Screening Tests and Mammograms)

966 429 600

STEPPING STONES GROUP—634 362 498

THE LISTENERS—965 996 678

HOW TO SURVIVE A HEART ATTACK WHEN ALONE

Since many people are alone and without help when they suffer a heart attack, the person



INTERNET HOAX

Read about it at:

<http://www.hoax-slayer.com/survive-heart-attack.html>

whose
beating
erly and

heart is
improp-

who begins to feel faint, may only have about 10 seconds left before losing consciousness.

Jan

CARITAS ESSENTIAL NEEDS PLEASE

COLA - CAO FLOUR SUGAR
TOMATE FRITO AND TOMATE NATURAL
CHICKPEAS BEANS (JUDIAS)
TINNED TUNA PATE
SOUPS LONG LIFE MILK
GALLETAS...biscuits/cakes for breakfast
WASHING POWDER

These items can be taken to the JVH shops at any time. Thank you



2016 MEMBERSHIP RENEWALS

Last chance — at the General Meeting

Murla, June 9th



The one-liners in this April newsletter are from the thick and famous...

"I definitely want to christen my children, but I don't know into what religion yet." David Beckham



Denia Hospital applies Green Laser to treat prostate hypertrophy



Dénia (17-02-2016) The Urology Department of Hospital Marina Salud de Dénia, offers Green Light Laser Therapy for the treatment of benign prostatic hypertrophy. This is a minimally invasive technique, which allows a faster recovery than conventional surgery. Hospital Marina Salud is one of the few hospitals in the public health system in Valencia which carries out this new procedure.

Head of the Urology Department, **Dr. Roberto Ferrero**, points out that most people are treated on an **out-patient basis**, as there is **less operative bleeding** with green light laser therapy, than traditional surgical options. During the procedure, your doctor uses a laser (via the urethra), to rapidly **heat and vaporise excess prostate tissue**. This new technique is recommended for 90% of cases. If a Urinary catheter is placed in the bladder, patients can go along to their local health centre the next day, where it will normally be removed within 24 hours. Patients can usually return to everyday activities within a few days. **Side effects are minimal**; the most common is irritation of the bladder, which is treated with an anti-inflammatory, and cured within two weeks.

(We had an excellent talk in January on this subject ~ the unit is now up and running)



MEET & GREET

Sue and Dave Gilham are moving back to the UK in May, so we welcome Margaret Carney, and Dave and Margaret Wickes who all volunteered to do some 'door duty' at the General Meetings. Just for an hour or so - 0930 - 11.00 to help till the meeting begins.

A warm smile to greet you when you arrive is lovely and helping new members is especially important.

If you might also be able to give occasional help...

PLEASE GET IN TOUCH WITH
marywoodspain@gmail.com

"Smoking kills, and if you've been killed, you've lost a very important part of your life."

Brooke Shields

Digital Photography Group - Fallas visit

Peter Tomlin LRPS



On Friday 18th March an intrepid group of our members met in Denia under cloudy skies and low temperatures, to capture the creative essence of the Fallas Festival, which, as many you will know, coincides with the commemoration of Saint Joseph.

First and most importantly, we retired to a local bar for liquid refreshment and to discuss and agree a strategy for the day. We then sallied forth with cameras set to record all that represented the Fallas. The colourful costumes and the Niñots - (which are those often humorous and satirical figures constructed from polystyrene and papier mâché formed into displays), as well as the many bands and parades.

We became quite adept at swerving to avoid young niños whose prime objective that day was throwing very loud firecrackers to frighten as many people as possible.

Having located and photographed nine of the displays, the costumes, bands and parades to the best of our abilities, it was time to retire, rest our weary feet and enjoy lunch at the Hostal Loreto in Calle Loreto. Unfortunately, this proved to be the low point of the day as the food was a just a degree or so above cold. However, one of our number knows the owners and will, I'm sure, advise them of our displeasure.

Notwithstanding this, the group enjoyed the day, some images from which are included for your appraisal.



A fringe benefit from going on Peter's Group photoshoots is learning about the history of the places we visit and the highways and byways that we use to get there. Last year, whilst a passenger in his car on the perilous mountain roads of the Sierra de Bernia, he advised me that the sombre concrete blocks along the side of the road were erected as memorials to those who had fallen to their end over the precipice!

But on this trip we were going to Valencia, to the City of Arts and Sciences. I had not been in a city for months and I was shocked to experience again the contrast between our quiet valleys and the hectic bustle of people in traffic. Although our party on this excursion was short on numbers, we were long on enthusiasm. We were not heading for the exhibitions themselves but instead were planning to gaze, wonder, admire and photographically record the stunning architecture. Our cameras were set to 'A' for aperture priority. Normally they are set to 'A' for automatic, but our leader is still valiantly trying to teach us to use our equipment to its fullest potential and thereby enable us to 'draw with light'.

This impressive set of structures was designed by local Valencian architect, Santiago Calatrava, and offers different spaces where knowledge, culture and leisure are treated with the same architectural concept. It is built in the dried-up river bed of the Rio Turia, which was drained and rerouted after a catastrophic flood in 1957. The old riverbed was turned into a picturesque sunken park. Built between 1994 and 2005, the City of Arts and Sciences is an architectural ensemble comprising a science museum, opera house, planetarium, aquarium, landscaped promenade and a parking structure. The buildings are surrounded by shallow pools. Two streamlined bridges cross the promenade between the opera house and the planetarium. "As the site is close to the sea, and Valencia is so dry, I decided to make water a major element for the whole site using it as a mirror for the architecture," Calatrava has said. As well as the water, he also used white concrete and Gaudiesque shattered tiles to tie the various buildings together. The whole site feels as if you have been transported to the future, where things are not just built for efficiency but for beauty and aesthetics.



Between us we collected a wide range of photos which will be downloaded from our cameras and uploaded to our group's private Facebook site for critiquing. As we caught the taxi back to the station, I was reminded of part of an Irish lament:
*'The great unyielding concrete makes a city of my town.
Ring a ring a rosie, as the light declines
I remember my old city in the rare ould times.'*

And so might the Valencianos....



Great Days to celebrate in April

15th - Titanic Remembrance Day

19th - National Garlic day

27th - World Penguin Day

30th - Hairstyle appreciation Day

**DAY
OF THE
DONUT!
APRIL 23**

(this style should do both these days then!)

and after the donuts...

5th MAY TALK AT THE MURLA POLIVALENT



Nicolette Ortellini

The greengrocer as your pharmacy



Healthy food is important, as we all know. But did you know that it saves 13 000 deaths per year and 40 000 cases of illness only in a small country like Holland.

And that for high blood pressure, high cholesterol, and diabetes, the medication may be reduced by a healthy

diet. In this presentation I will tell you more about what exactly is a healthy diet, how to make healthy choices in the super-market, what can you do to introduce more fruits and vegetables in your daily menu, how you can increase your immune system response.

I will give a presentation on nutrition and what it can do for you to live as long as possible in good health.

More information: info@theperfectbalance.nl 688 67 68 66.

More information about my work as Food Coach, helpful tips and recipes,

visit www.theperfectbalance.nl or facebook (www.facebook.com/theperfectbalance.english)

‘Republicans understand the importance of bondage between a mother and child.’

Dan Quayle

‘I have opinions of my own, strong opinions, but I don't always agree with them.’

George W Bush

Long Easter holiday and I have a feverish cold. I need plenty of tissues, and a good book. Bless you Helen Baxter for recommending this!

BOOK and TV SERIES REVIEW

Outlander

Dragonfly in Amber

by Diana Gabaldon

(Books 1 and 2 of eight in the series)



Where did my Easter week go? Wrapped in plaid and immersed in the Jacobite Rebellion! I am lately come to this epic - a long series of books written some years ago, but now a highly popular TV series starring the uber-delicious Sam Heughan. 'Tis a tale of an extraordinary love - spanning centuries.

Our heroine, war nurse Claire Randall, is married to a history buff intent on researching his 18th century ancestors. Bored with listening to tales of his six-times-great relatives, she visits the magical stone circle of Craigh na Dun at Hallowe'en - and finds herself pulled through a time portal into the wild Highlands of the 1740s. There she is captured by the unspeakably vile 'Black Jack' Randall - (if only she'd paid more attention to her husband's stories!).

She is rescued from his clutches by one Jamie MacKenzie Fraser - with whom she eventually falls in love - who is Black Jack's sadistic obsession. This nightmarish 'menage-a-trois' is the glue that holds the story together - the catastrophic Rebellion itself is almost a side-bar. Who on earth would put a completely inexperienced alcoholic Prince in charge of an exhausted, starving army and hope to win? Culloden wiped out most of the Clans.

This American author writes about Scotland with great conviction - in fact, I am convinced she is in love with her own creation, as her frequent descriptions of the "sunlight falling on his rose-gold hair" and "amber eyelashes tipped with cinnamon" are just some of Jamie's many physical attributes. Authentic Gaelic and Scottish colloquialisms pepper the pages like musket balls at Culloden! There are some great characters - loyal Murtagh, impish Fergus and the devious Duke of Sandringham to name but a few. To be drawn so deeply into those turbulent times is a tribute to the quality of the writing.



A stunning read, well-paced and exciting, I couldn't put it down, and when I did finally get to the last page, I dragged myself very reluctantly back into the 21st century.

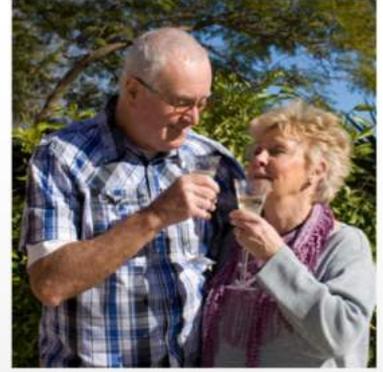
The DVD box set is available on Amazon.....and this excellent TV drama follows the first books closely. I wondered how they would film the rape scene in Wentworth Prison. Brutally realistic. The whole series is compelling.

Oh, My Laird, my bonny, bonny Laird ...
as Bonnie Tyler sang - "I need a hero!"

Now, where's ma wee dram o' whisky? (Medicinal, of course)

GEOFF HALL

'Dr Geoff', as he was affectionately known by many, sadly passed away on 25th March after a period of ill health. Together with his wife, Agnes, he was a founder member of the U3A Vall del Pop and the first leader of the U3A Photography Group, through which, because he was no expert himself, he learnt as he went along. He was also a keen walker and climber, and led some of the more demanding walks of the Costa Blanca Walkers. He was also a keen skier. Music of all genres and animals and birds were also amongst his passions, especially his dogs, and he was a member of the U3A 'Birding Group'.



As a bit of an 'Action Man' he also took Agnes, a novice swimmer, white-water rafting and wind surfing. Even in his last months, despite his problems, he used to say that there were a lot of people much worse off than him and he had been very lucky to have had such an enjoyable life. He was a very special man, full of fun and laughter and often related many of the funny stories from his life as a GP. His funeral was a celebration of his life and many of his stories were told by his family and friends, raising much laughter from the dozens of family, friends and acquaintances who attended. Geoff will be greatly missed by many and our special thoughts are with Agnes and her family.

Carol Lockhart

For Sale

If it's terracotta pots you're looking for, then Geraldine in Jalon has a small army of them to sell. With assorted sizes ranging from smaller pots priced at €5 each, up to larger pots suitable for large shrubs or trees priced at €10 each.

All cleaned and in very good condition. See photos on website.

Call Geraldine Wright on 966 480 366 or 650 654 019.



Spring is upon us and it's time to fill your planters.

Various sizes - terracotta clay and glazed. Prices from €1 to €8

Call Yvonne Jurgens on 965 731 415

HAMA Star 61 aluminium camera tripod complete with nylon carry case.

Extends to 125 cm. Folds down to 60cm. Only used twice. €15

Call Pete Gallant on 966 480 424 (Jalon)

*Just a comment—that e-mails in CAPITALS are considered SHOUTING, and therefore not polite!
Please be nice. We do this voluntarily, in our own time for your benefit.*

Thank you, Lorraine.

Thursday Explorers Walking Group

10 March – Javea Windmills

Excellent weather for our six hour walk from Denia Marina to the windmills overlook Javea.



17 March – Liber to Senija

A nice gentle walk to the cross overlooking Senija, followed by a picnic lunch in the square and a pleasant walk back to Liber.

24 March – Parcent to Jalon

A 6 hour walk along the lower slopes of the Col de Rates and a snack in the square rather than our usual picnic lunch. We also made friends with this chap who really liked our apple.



31 March – Fig Tree

A 5 hour circular walk between Parcent and Castells. Lovely weather and a scenic spot for our picnic lunch.

Despite the changeable weather during March we were fortunate to be able to walk each Thursday.

We urgently need some more regular walkers. So if you would like to join us and experience for yourself some excellent walking in good company and at a moderate pace you can be sure of a warm welcome.

For more information contact Paul or Jan paulleniston@hotmail.com

Telephone 966 405 335

“I am for the death penalty. Who commits terrible acts must get a fitting punishment, that way he learns the lesson for the next time.”

Britney Spears



The search for the Holy Grail has confounded historians and scholars for centuries, and our own Quest was quite a challenge. David's talk was originally planned for Murla. Then it got moved to Jalon, (our usual venue), only to discover that we had been unceremoniously bumped in favour of a noisy school party. We decamped to Lliber Social Centre at the very last minute. Most Questers made it...

Legends often have more than a grain of truth in them, and most people are familiar with the story of Joseph of Arimathea bringing the Holy Chalice to Glastonbury where it then 'disappeared' from history. We also know the various Arthurian tales of valiant Knights being sent on the Quest for the Grail. David cleverly separated legend from historical and documented truth, and took us through a convoluted Grail Trail from Rome, through France and England, and finally to Spain. It is known that Joseph left the Holy Land with Mary Magdalene; Mary, Martha and Lazarus of Bethany; and Maxim, with others. These followers brought Christianity to Europe for the first time.

The genealogy of the various Grail Keepers is far too complex to explain here, but suffice it to say that the Grail was handed on to descendants in a line from the first Bishop of Rome, Linus...NOT Peter, whose martyred body was buried under what is now the Great Altar in the Vatican Basilica. The Chalice eventually ended up with Lorenzo of Aragon — the Saviour of the Grail. He worked at the Vatican for Pope Sixtus II. They were both martyred as well, Lorenzo being gruesomely griddled. Lorenzo gave the cup to Precilius who fled Rome and took it to his parents' place in Huesca. A fine cathedral was built to house it.

Alfonso I of Aragon and Navarre became Keeper of the Grail; he was known as El Batallador, a fearsome warrior who was fatally wounded in the battle of Fraga. Along came Sir Percival searching for the Holy Grail. Not a legendary Arthurian figure, but the Count of Perche, also known as La Perche Val. The dying King tells him to go to Mount Salvation, where he finds a fortified monastery guarded by Knights Templar, containing three relics - a Lance, the Grail and a platter. I think I missed the significance of the platter. Spanish history is full of invaders who were all highly unsuitable as owners of this precious relic, so it had to be well hidden. So here we go: -

1399 - it goes to Zaragoza

1410 - it is transferred to Barcelona

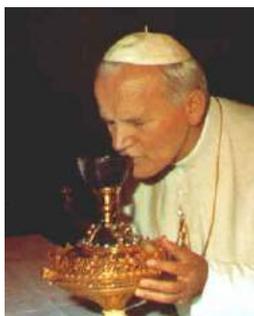
1424 - it is taken to the Palace of Valencia

1437 - it is given pride of place in Valencia Cathedral

1809 - it is transported to Majorca

1936 (Civil War) it is hidden by an old couple in Carlet

And after the wars it was returned to Valencia.....where you can see it today.



A cup of red agate, dated authentically back to Antioch or Damascus, 1st century AD. It has a Byzantine support of inlaid gold, and a separate base. Now, the Vatican isn't known for its open-mindedness to anything that might shake the foundations or ruffle their surplices...BUT Popes John Paul II and Benedict went to Valencia where they served Mass using the red agate Chalice. If that isn't corroboration, I don't know what is.

Finally, David is leading a TCET tour of Huesca and Montserrat in March next year, visiting all the places associated with this story. It is going to get booked up very quickly, and the Egyptology Group get first pickings...so hurry if you want to book/waitlist.

GENEALOGY GROUP PRESENTATION—7th April

Annette Day gave a talk about some of the very surprising ancestors which current members of the group have discovered. She first took us back to the reign of Henry VIII and a fascinating story about Thomas Vickery, a Barber-Surgeon who became Sergeant Surgeon to the Royal Household, and who was identified by a magnificent painting, executed in 1540 by Hans Holbein the Younger, the court painter of the time. This discovery provided authentication of the research done by Vickery's descendant and allowed her to see the face of her ancestor from nearly 500 years ago.



Although ancient records are rare, amazingly another Genealogy member has been able to trace court papers pertaining to a trial in 1580 in which his ancestors were fined for selling wood from land they did not own. We then moved forward a century to be told of three generations of glass painters from the Price family who thrived in the aftermath of the Great Fire of London of 1666. They became known as the finest glass painters of the time, not only in England but in all of Europe and they were commissioned to create the windows of palaces, Guild halls and cathedrals. Two magnificent examples can still be seen in Westminster Abbey today, the Rose window and the Great West window.

We then heard about Charles Rowe, a serial entrepreneur from Macclesfield, who invested in Welsh mines and used the metal to mint his own coinage, with which he paid his workers in other parts of his business empire. The genealogist descended from Rowe was able to source one of these coins on eBay!

In early Victorian times we came across a fisherman and volunteer lifeboat man called John Davies who drowned off the coast of Lytham with 10 other volunteers during sea trials of the town's newly purchased lifeboat. This time, the information came from the local press cuttings which can now be read online. Her final story centred on a family crest which was discovered when the family associated with it were packing up to move to Spain. Some online research revealed a story of the tomb of a similarly named gentleman who was laid to rest in front of the altar of a church in Benfleet, Essex in 1840. The result of further investigation showed enough of the crest on the tomb to match the crest of the family here in our valley.

If you would like to join the group which meets the last Thursday in the month in Lliber Social Centre please contact the group leader Gwen Asprey via our website.

Popsters Concert at Benimeli



On Thursday 7th April, our 'Popsters' Musicians and Singers group performed a concert for the residents, staff, families and friends of Club Residencial Benimeli - about forty people in all. We played for an hour, performing eighteen well-known songs from the '50s and '60s. The concert was very well-received by the audience, and we have already been invited to perform there again!

If you can play an instrument, or sing, and would like to come to practices in Lliber on Wednesday afternoons, then email the group leader, Mike Burke, at mike_heidi@hotmail.com (press CTRL + click to follow the link).

Or for more information, including our current song book, have a look at the group's page on the U3A's website.



U3A Vall Del Pop Wine Tasting Group

Date: Wed 20 April, 2016
Time: 11:30 – 13:00
Address: Calle Les Quintanes,
Parcent
Cost 10€

This is a daytime tasting.
If you are interested we can move on afterwards for a lunch at the Estufa Bar just around the corner.

The event is just a few days away, so I need to gauge numbers very soon.
If you would like to come, please contact me by email at

brigred27@gmail.com

or phone 602 215 436



**'I've learned not to put things in my mouth
that are bad for me.'**

Monica Lewinsky

U3A CINEMA IN PARCENT

1€ requested on the door, for group funds. See Cinema Group webpage for details.

All films are shown at La Musical in Parcent, next to the Town Hall, just off the main square at the top of hill in the centre of the village.

The Cinema is open to all U3A Vall del Pop members, no booking required. Please bring your 2016 U3A Vall del Pop membership card with you as we need to see it.

Monday 18th April at 7.15 (doors open 6.45) - 'BROOKLYN'



Winner of the 'BEST BRITISH FILM' award at the BAFTAS this year, and a number of awards at other film festivals world-wide. A young Irish woman emigrates to Brooklyn in the 1950s, but is torn between two potential lives with two different men, in two different countries. Based on the Colm Toibin novel, and starring Saoirse Ronan, with Domhnall Gleeson, Emory Cohen, Jim Broadbent and Julie Walters. 1 hour 50 minutes, 2015, cert PG.

Tuesday 10th May at 7.15 (doors open 6.45) - 'SUFFRAGETTE'

Set in London in 1912, a young wife, mother and laundry worker (Carey Mulligan), is drawn into the Suffragette movement. It's a compelling and moving story, and shows how women at different levels of society came together to fight for all kinds of rights previously denied them, which nowadays we take for granted. With Anne-Marie Duff, Helena Bonham-Carter, Ben Whishaw, Brendan Gleeson, and Meryl Streep in a cameo role as the formidable Mrs Pankhurst. 1 hour 45 minutes, 2015, cert 12.



COMING SOON!



Monday 23rd May (date to be confirmed) - 'LEGEND'

Tom Hardy plays both of the Kray twins in this surprisingly entertaining film, which delves into the private lives of the brothers during their rise and fall in Swinging 60s London. There is some strong violence.

Monday 6th June - 'THE LADY IN THE VAN' (our last film of the season)

Maggie Smith shines in this very enjoyable film version of Alan Bennett's story about an eccentric old lady, based on Bennett's real life experience. In 1974, he offered to let Miss Shepherd park her van on his drive while she looked for a place to live, and she stayed there for 15 years! Alex Jennings gives an excellent performance as Alan Bennett, too.



What else is on locally

Steve Taylor has kindly researched some local Festivals you may enjoy.

Jalon will be enjoying its annual festival on the **16th and 17th April 2016**. There will be more than 200 stores and many events have been planned including concerts, culture, business, sports, children's activities and tastings.

The **1st Paraula Fair** will take place in **Ondara** on the **16th and the 17th April 2016**. The fair will be located in the Placa 9 d'October and will be open from 11:00 to 14:30 and 16:00 to 21:00. There are four parts to the fair; a Book Fair, a Discount Shopping Fair, Gastronomy Fair which includes the food trucks and cooking demonstrations and a Painting Competition.

The third Mountain Rally will take place in **Guadalest** on the **22nd and the 23rd April 2016**. Called in Spanish the 3^a Subida al Castell de Guadalest, registration for the rally will be on Friday and the actual races will take place on the Saturday

The town of Alcoy, also known as Alcoi, will hold its annual Moors and Christians Fiesta much later than usual this year; **from the 22nd to the 24th April 2016 in honour of Saint George**.

Benissa will honour their patron saint, the **Puríssima Xiqueta**, from the **21st April to the 1st May 2016** and the opening speeches will take place on the **16th April**. The programme is packed full with all sorts of events including parades, mascletas, live music, giant paella, horse and carriage parade, running of the bulls and several firework displays.

There will be a **Medieval Market in Villajoyosa** from the **29th April to the 1st May 2016**. During these dates all sorts of hand made goods will be on offer from the authentic craft stalls and there will be live music, street theatre, juggling and the traditional taverns.

The town of **Javea**, or **Xàbia**, as it is also known, is holding its **annual Folk Festival** on the weekend of the **6th to the 8th May 2016**. All of the concerts are in the open air at the Riurau d'Arnauda (except the presentation) and are free to enjoy!

'I want to go to Egypt and Japan and open orphanages - a chain of them.'
Lindsay Lohan

'Do they, like, make walls there?' Paris Hilton on Walmart
'Well, some people are just born with glitter in their veins.'
Paris Hilton

