



U3A Vall del Pop News4U

No. 49
Apr
2014



Dear Members,

Well, our new committee is now in situ. We have had our first committee meeting and welcomed everyone by them treating themselves to a social meal at the Village Inn. As is tradition we invited both the new, retiring and regular committee members and a good time was had by all.

On the 2nd October, we are organising an Open day at the new venue in Murla, Polivalent. I am sure that many of you will remember our last open day, which was a great success. To help with the organisation we have invited all the group leaders to a special meeting on April 25th, to find out what their groups would like to contribute to this special day. We are looking for displays, workshops, demonstrations and anything else that they feel we should include, to **showcase our U3A. Let your group leaders know your thoughts. This is your day so let's make the most of it. Now do your part... put this date in your diary.**

By the time you read this we will have had our first meeting in our new venue, and you will see what wonderful facilities it offers us. We are **hoping at our meeting in May that Murla's Alcaldesa will take time to visit us.**

Well, the more the merrier.

Best wishes, Bob



**HAPPY
EASTER**
To all our members



THANKS

May I say a huge thanks to all those U3A members who have been so kind in sending me **messages of support and appreciation on my "retirement" from the Newsletter.** I was really touched and gladdened to know that my efforts over the last few years have been seen and read by so many! Special thanks must go to Lorraine of course, for her part in my send-off and for agreeing, with Anna and Alan, to continue the monthly missive. I look forward to my regular read! Jazz.

FOCUS ON...

THE COMMITTEE

Stewart Beattie

Groups Co-ordinator



Jennifer Beattie

Asst Treasurer

Stewart and Jennifer were born in Dundee. They met at the local Church Youth Club where they married in 1974 and are about to celebrate their 40th wedding anniversary in May. They have two sons and two granddaughters.

Stewart joined the Civil Service on leaving school and spent 30 years in a number of managerial roles in the Employment Department. His career involved moves to St Andrews, Brighton, Birmingham and London HQ where a voluntary redundancy ended a 4-year daily commute from Staffordshire to London. He then served 10 years as a Community Training Centre Manager. The centre won a national E-Wellbeing Award from BT for its Community-based IT programmes.

Jennifer re-started her career after their two sons were at school joining the Burnley Building Society in Brighton as a cashier. She progressed through the ranks to the position of Branch Manager in Birmingham as it became National Provincial, followed by Abbey National and finally Santander. She moved into Audit work and was a senior Auditor on a team training the new Spanish auditors before taking redundancy. After a short break she joined an Audit Consortium working in the NHS across the West Midlands.

Stewart and Jennifer only moved to Spain last August but joining U3A has helped them meet lots of new friends and quickly settle into the area.

They were both heavily involved with the Boys Brigade in Dundee until work took them away, and were also in Round Table and Ladies Circle.

Stewart's interests are:

Football – supporting both Dundee and Aston Villa (hence the grey hair)

Golf – he had a season ticket at the Belfry and once played a hole with Justin Rose

Bowling – he has taken up bowling at El Cid since moving to Spain

Stewart says he is looking forward to working with his new Assistant Group Co-ordinator, Jens Bagger, in providing support to all the Groups in our U3A.

Jennifer's interests are:

Singing and Line dancing – she is a member of our Casual Choir and Line Dancing Group and is also a member of Valley Voices

She enjoys baking and cooking – Stewart says she is pretty good!!

Football - with a footballing husband and two sons she had to take an interest but chose to support Liverpool – something about Kenny Dalglish's smile

Music – Marti Pellow and Michael Buble are amongst her favourites

Born on 20th July 1950 just outside Copenhagen
Gained a degree from the Commercial University in Odense (DK) as Economist

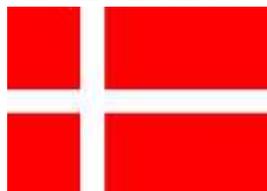
Worked as Gen. Manager for a Danish development company sub-contracting to the European Union

Worked as Gen. Manager in the Greenland Government, also Managing Director in a Haut Couture house in Paris

Moved to Spain for the first time in 2006, but was back in Denmark in 2008–9 for hospital treatment. Moved back to Spain in 2010.

Speaks Danish, Norwegian, and Swedish, German and English, and can get by in French, Spanish and Russian

Recently married to Susan in Benigembla



Jens Bagger

Assistant Groups Co-ordinator

Interests:

Former sports dancer (ballroom)

Did bike racing for more than 25 years

Brewing beer (ale)

Singing in the Valley Voices Choir

Graciela Kaplan captivates the Vall del Pop U3A

Lorraine Bellami



There is something about the way a ballerina walks that stays with her for life, elegant, graceful and poised. We were treated to a most delightful peek into her career as a Principal Ballerina - her stories were amusing, at times slightly risqué - and with tales of missing knickers and slipping bodices she enthralled us all.

Every eye in the room was on her every move, and clearly she still revels in being centre stage. As she spoke, her feet naturally took ballet positions, 4th and 5th if I remember my lumbering efforts as a child! Even in her long black boots it was easy to imagine her in ballet shoes and a tutu as she held poses and arabesques to demonstrate a point.

She told us of her joy at dancing with Nureyev when he was Ballet Laureate at the Northern Ballet Theatre, and the many productions in which she has starred, that have won Baftas and other accolades. Her delight in dancing shone through in everything she said and did. When asked "what makes a prima ballerina?" she responded "intelligence, versatility and that little something special which can be brought out by a good teacher".

She is justifiably proud of her achievements, and particularly her work with the Yorkshire Youth Ballet. She and her husband moved to Spain in 2010 to enjoy the warmth and the Mediterranean coast where she feels most at home. She has recently joined the Javea Players so audiences may look forward to seeing her on stage again, albeit in different roles...presumably wearing suitable underwear!

she said that "dancing is better than sex; it lasts longer, is more fun, and you get a standing ovation and flowers at the end"

Bob provided the flowers this time.....



Can you Help?

A 13/14 year old young lady from Valencia would like to spend a week improving her English here in the Jalon Valley. She would like someone who can speak a little Spanish, but the idea is for her to concentrate on improving her English.

The lady/couple would need to be aware of a teenager's needs and maybe have grandchildren of their own.

If you would like more details telephone Sandra Welham on 965 581 353.

EASTER BLESSINGS

Winter is over spring flowers in bloom
The birds seek their mates by singing their tune
Little lambs gambol as their mothers graze
Suddenly it's warmer, longer the days
An end to winter's trouble and strife
Easter brings the renewal of life

Schools are closed now it's holiday time
The kids are out hoping for sunshine
Some jet away to foreign places
At the airport see the excited faces
Others off to the seaside go
They'll see a Punch and Judy show

Easter eggs in stores abound
All shapes and sizes to be found
Clocks now go forward, and an hour we lose
We'll have more daylight to do as we choose
We all get busy in many ways
And make the most of the longer days

DIY stores do a roaring trade
Lots of jobs, things to be made
Action in gardens is at the hub
Furious planting in beds and tubs
Weeding, grass cutting and all those things
But what satisfaction your hard work brings

Easter, the celebration of Christ's resurrection
A time perhaps for inward reflection
So enjoy the blessings that Easter brings
Thank God for all these wonderful things.



Carol Lockhart

TAI CHI ON THE BEACH – GOOD FRIDAY

Follow the N332 from Benissa/Jalon towards Altea/Benidorm until just by the filling station you take a (dangerous) left hand turn across oncoming traffic, signposted Calpe North.

Follow the dual carriageway downhill (beware of the speed bumps) to the traffic lights at the bottom facing the underground car park for Mercadona Supermarket. Turn left onto the dual carriageway - and you are

In Calpe

Follow dual carriageway downhill through a series of roundabouts - when road levels out you will pass on your right Specsavers.

At next roundabout (with a rusty globe and rusty animals) go straight on and same again straight on at the next roundabout with the Police Station on your right.

You will pass the Salinas (salt flats) on your left - look out for the flamingos! - and a small Tourist Office on your right.

At next roundabout take right fork up a short hill and left at the top at the next mini roundabout.

Then take the next right fork downhill into the Port area - you can usually park in this general area - we shall be somewhere around to meet you and, dependent on weather conditions, point you to the Tai Chi area or the nearest bar!

If we use the helipad rather than the beach you will need track shoes or similar.

If you get lost call Mike's mobile 671 701 624/5

Krystyna & Mike Rogers

Tel/Fax (0034) 965836760

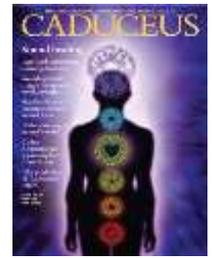
E-Mail mikryscalpe@hotmail.com





ARE YOU A KINDRED SPIRIT?

I'd love to hear from you.....



After the hedonistic lifestyle of flying the world with BOAC/BA, a few years of F1/Motor Sports Broadcasting with LBC Radio and then some Motor Sports PR – I decided to go back to my ‘hippy’ past and qualify in several complementary therapies, Reiki, various other forms of healing, Shamanism, and Kriya yoga – having adopted Buddhism as a life philosophy after my many trips to Thailand – a fascinating mixture of wonderful temples and wild nightlife.

My first foray into ‘alternative’ were the CND Peace marches – London to Aldermaston in 1958; after that they went the other way, ending in Trafalgar Square. I was 10 then – it was a lot safer in those days, marching along behind Bruce Kent with all the Peaceniks. Then, a few years later, I did some early fund-raising for Greenpeace, long before they had a membership and we were a few volunteers operating from a small office above a primary school in London. We sent out mugs, pens and stickers to a small but enthusiastic following. How it has grown!



Learning to meditate and find that elusive ‘inner peace’ has got me through some very challenging times in my life. The point of all this is, that with nearly 1000 members, there must be some who share an interest in such things? I am not suggesting a new group as such, but perhaps an opportunity to meet from time to time for general discussion and exchange of views?



If you are interested, please e-mail me at the usual address: - lorraineu3a@gmail.com

E-Mail Tracker Programs

I am sure everyone gets very tired of spam - one of the most common culprits is getting an e-mail that **has a whole list of other people's e-mail addresses** listed in the TO:- line. If everyone that sent a network or group e-mail to themselves **Bcc'd the recipients, the spammers would have a hard time.** Many are hoaxes and can be checked online.

Advice from snopes.com (the information given is from the site and generally available to the public for verification)

Any time you see an email that says "forward this on to '10' (or however many) of your friends", "sign this petition", or "you'll get bad luck" or "you'll get good luck" or "you'll see something funny on your screen after you send it" or whatever --- it almost always has an email tracker program attached that tracks the cookies and emails of those folks you forward to. The host sender is getting a copy each time it gets forwarded and then is able to get lists of 'active' email addresses to use in SPAM emails or sell to other Spammers. Even when you get emails that demand you send the email on if you're not ashamed of God/Jesus --- that is email tracking, and they are playing on our conscience. These people don't care how they get your email addresses - just as long as they get them. Also, emails that talk about a missing child or a child with an incurable disease "how would you feel if that was your child" --- email tracking. Please ignore them and don't participate!

Almost all emails that ask you to add your name and forward on to others are similar to that mass letter years ago that asked people to send business cards to the little kid in Florida who wanted to break the Guinness Book of Records for the most cards. All it was, and all any of this type of email is, is a way to get names and 'cookie' tracking information for telemarketers and Spammers -- to validate active email accounts for their own profitable purposes.

Let's not make it easy for the spammers to get rich.

Victory for Vall del Pop! Our quiz teams triumph again

by Heidi Morgan



Twenty-four of our members went to Calpe to take on the Calpe U3A quizzers at the Club de Tennis on Friday 14th March. After a very nice dinner we got down to the quiz, with the teams competing as tables of four. We had three tough rounds on James Bond Movies, Inventions, and Popular Music, and a slightly easier round on General Knowledge.

No doubt Calpe were hoping for a victory after last year's defeat at Senija, but it was not to be. The top three team places and overall victory all went to Vall del Pop.

The winning team were 'Strangers in Paradise' - Claire and Geoff Warren, Steve Taylor and Mike Burgess - congratulations to them!

Joint second were 'The Luvvies' - Marian and Neil Carter, with Anne and Derek Martyr, and 'Foremost' - Danny and Kaye Warner, Steve Ward and Jane Hawkins. Didn't they do well?

Thanks to Calpe U3A for organising the event and being good sports, and to Anne and Derek for co-ordinating our teams.

THE FALLAS IN VALENCIA

By Jane Ward

On 18th March 50 U3A Vall del Pop members set off for Valencia to see the Fallas. For many of us it was the first experience of this wonderful display of traditional celebrations.

Our driver, Antonio, dropped us in the Plaza Manuel Sanchis Guarner and we made our way towards the hub of the activities in the Plaza Del Ayuntamiento, just in time to enjoy the Mascletas, a cacophony of firecrackers and fireworks. The nearer you were to the square the louder the noise as it mounted by the second, culminating in a deafening crescendo.

We continued through the streets to see the impressive caricatures, some of which were as high as the buildings themselves, many personifying controversial characters whilst others (ninots) were of a cartoon nature for the children. All were a delight as we marvelled at the work involved in their making.

A spectacular procession followed later for the Flower Offering to the Virgen de los Desamparados. Men, women and children, all dressed in highly decorated traditional costume, paraded through the streets carrying floral tributes to their patron saint, St Joseph. Many street performers attracted the crowds on most street corners around the Plaza. In the evening the atmosphere grew as many more people arrived and the magnificent light displays came to life, what a vibrant sight.

Our very memorable day ended at 9 pm when we returned to our coach. Antonio was waiting to return us to Jalon after a fabulous day. We would like to say a BIG Thank You to Sandra for organising yet another fantastic trip for the U3A.



Prize Draw announcement

Last year we featured Restaurant Reviews – all those who sent in a review were popped into a ‘hat’ at the December meeting, and the winner received a €50 prize.

This year we would like to offer the same – but for Great Places to Visit. This is a good way for people to get to know the area better, so we welcome your suggestions from tourist attractions, to anywhere out of the way which is a ‘hidden treasure’ to visit and enjoy... in fact, anything interesting which isn’t a restaurant. BUT, we are not looking for hair salons or beauty parlours where you have had a good experience...(they could be signed up for a U3A discount perhaps???)

Send your entries to the usual address lorraineu3a@gmail.com marked **Prize Draw Entry** in the subject line.

GREAT PLACES TO VISIT — REVIEW

Knowing her love of all things horticultural, I am not surprised Anne is first out of the starting gate with this review for the Prize Draw in December.



The Iris Gardens in Marnes (near Pinos)

These wonderful gardens are open again now until until the end of May. Do go along, they are full of colour and inspiration for both avid gardeners and just lovers of beautiful things. Not just irises by any means.... There are bulbs galore; the narcissus and tulips in particular make a rainbow of colour everywhere you look. Flowering shrubs line the walkways encouraging you to breath in their scent.

Later on in the spring roses take over the show with their myriad shapes, styles and colours, adorning the beds, bowers and arches in an eye-popping display.

There will be plants available to buy and to order from the owners.

They are happy to offer a free cup of coffee or tea to anyone going there who produces their membership card for 2014.

Admission to this paradise is only €5 per person and worth every cent.

Further information and directions on the website www.iris-lomer.com

A SPANISH JOKE - from the Spanish Conversation Group

"SEGURO QUE OTRA VEZ VOLVISTE A COMERTE LAS FIGURITAS MAGNETICAS?"

"It looks like you've been eating the fridge magnets again?"

If you fancy coming along to have a chat in Spanish with some fellow U3A members, **call Bill on 96 573 1091**. We meet on Friday afternoons twice a month.



BORROWERS BOOK CLUB

From next month, the Borrowers Book Club will be offering a 'Book of the Month'; a short review of a book enjoyed by the members of this group as a suggestion for a good read!

The wife has been missing a week now. Police said to prepare for the worst.
So I have been to the charity shop to get all her clothes back.

The MAG Team.... needs YOU!



You may have noticed our happy smiling faces at the doors when you come to the meetings, whether to join or renew your membership, sign up for events and trips or simply to meet up **with friends...**

At the moment, there are four of us - myself, Lorraine, Olive and Mary, but as things always change, Olive is moving on soon, and Lorraine has taken on more work with the newsletter and **assisting Carol Lockhart with the publicity...so we urgently need some more volunteers for this** very pleasant (and often entertaining) little job.

It is lovely to stand in the warm sunshine, greet people as they come in, have a little chat, show **new members where to join, or which table is the one for the Fish and Chip Supper...or the cruise to the Fjords. Hardly difficult! So, I'd love to hear from you - male or female, we're** happy to welcome anyone who would like to give us a helping hand from time to time.

Thank you

Margaret Carney

margaret.eric1942@gmail.com.

11th April is World Parkinson's Day

In Europe there are 1.2 million people with Parkinson's Disease. While many people know about the movement constraints of the condition, there are many other significant but less well known aspects, such as depression, muscle aches, tiredness and insomnia. Even the essential medications have some distressing physical and psychological side effects. And daily activities, such as eating, getting dressed, or using a phone, can be difficult or frustrating. So World Parkinson's Day is held annually to help raise awareness.

It is also the very day when the new Parkinson's Positive Living Group meets at Jalon Valley Help's drop-in centre, Casa de Ánimo, in Alcalalí. There's a warm welcome to our informal get together to discover what could be on offer and to contribute your thoughts about how best such a group could support those with the condition. Drop in on 11th April, from 2-4pm. Casa de Ánimo is in C/ Dels Barons de Ruiz de Lihori, 11, Alcalalí. If you can't make it this time or have any questions, contact Christopher Swann on 688 883 127 or email on parkinsonsjvh@gmail.com

Anna

HELP PAGE

ALMONERS TEAM

Paul and Mary 965 581 445

www.jalonvalleyhelp.com
www.facebook.com/jalonvalleyhelp

Helpline number: 659 624 643

ESSENTIAL GROUND RULES FOR GARDENERS



It's warming up nicely and the days are gradually lengthening. Great news for gardeners! Even more encouraging are the colourful stocks of plants in the local garden centres. All extremely tempting. However, before you are tempted to part with your hard-won euros you may like a little advice to avoid any expensive mistakes.

ASPECT

This is vital. An amazing amount of people have absolutely no idea which aspect their garden enjoys. North, South, East or West...each has its advantages and pitfalls. If in doubt, use a compass and find out. Obviously a south-facing garden receives the most sun but will dry out the fastest. A north-facing one has the reverse attributes. East-facing has the morning sun to warm the ground in the early morning and open the flowers up. The west receives the afternoon sun and the day's final rays. Of course, any shade caused by buildings, outhouses and any other permanent structure will create its own microclimate and will have to be considered individually. Don't try to force a sun-loving plant into a shady, wet area, it won't thank you for it! It will struggle and fail to flower properly. Likewise a shade-lover will wilt pitifully in the intense Spanish heat if it has to cope without its required cooler environment. Many plants have labels when you buy them so do have a look at them. If in any doubt, ask the garden centre staff. They should be knowledgeable and guide you towards a suitable purchase.

SOIL

Unless you are lucky and live on a finca in the campo with fertile soil you will quite likely be faced with the task of soil enrichment before any planting can commence. On a mountainside urbanisation it is a hit or miss job as to whether you will find a huge rock just where you want to dig. I wish I had a euro for every time this has happened! Unless you want to plant completely native shrubs and trees you may wish to consider importing decent soil from a supplier (garden centre or builder's yard). It will make a world of difference and enable you to choose a much wider variety of plants. For a start, its water retentive qualities will be far superior to that of the ordinary 'dust' which most of us inherited with our properties. Raised beds and large pots are other possibilities for making use of difficult areas. Colour and greenery can be introduced where it would otherwise be impossible to grow anything. However, if you buy pots...make them BIG! Much bigger than you think you need. Plants grow fast here and you won't want to be replacing them in a few years because the root system has cracked the sides, will you? Remember to ensure that they have adequate drainage holes and place crocks in the bottom. Although garden centres sell bags of compost I wouldn't really recommend this for pots. It dries out far too quickly and the nutrients are used up in no time. If you can, obtain soil from the campo (from a friend, perhaps?) or buy capazos of it direct from the builder's yard.

WATER

Essential stuff! Correct watering is almost an art in itself. So many poor specimens receive only a token sprinkle from a watering can. No wonder they suffer in the summer! When planting, water the hole you have dug before placing the tree/shrub in it. A whole large can full. Once it's in place and the soil backfilled into the hole, water again... and again. Make sure that the soil hasn't dislodged the plant by firming it as you water. Bit like mud pies, isn't it? Keep an eye on any newly planted flowers and keep watered during dry spells until you are happy that they can fend for themselves. This can take up to 2 years. Irrigation systems are great and they have their place, especially for absentee homeowners. However, watering by hand is much better. You can give each plant individual doses according to its needs, spot any problems before they get out of hand and give them encouragement (or a telling off!) as you wander around your garden. Potted plants require extra care and attention. They rely entirely upon what is in the pot for their nutrition, water and drainage. When watering pots, fill them up to the top of the pot and allow it to drain down. Sometimes you can hear them 'drinking' it noisily! Once it has drained, water again. That way you have made sure that all the air pockets in the soil have been saturated and the roots will be able to absorb the moisture. With pots be aware that the sun will dry them out much quicker because the whole pot is exposed to the air. Roots of plants in the ground can find respite from the heat. Potted ones cannot. I hope the above is of assistance. I know it's only basics...we'll do more exciting stuff next month!



Happy gardening, Anne Martyr

After last month's bumper issue, we have a little extra space this month, so Anne has been able to write a longer article than usual. We hope you enjoy it.

Lorraine

FOR SALE

WOODEN GARDEN FURNITURE SET – round table and four folding chairs €75 ONO

Purchased from Ottery St Mary Garden Centre, Exeter

David Lancaster

965 581 482

dandjlancaster@hotmail.co.uk

SMALL ELECTRIC CEMENT MIXER

It is fairly old but good working condition €35

George Whaymand

966 482 443

STOVAX HUNTINGDON 28 WOOD BURNER STOVE with airwash. €199

Cast iron

Wood / multifuel

6kw. Flu top or rear

H700mmxW510mmxD485mm

2 years old. Current price from new £1201.50 so it is a real bargain.

Byron & Lynne Dawson

byroncdawson@gmail.com

UNIVERSAL HOLDER FOR 10" TABLET.

Should fit any make of 10" Tablet. Condition as new. €10

Mary Anderson

maryandersonspain@gmail.com

Tel:- 96 648 2582

BENQ digital projector MP515 ST
works with Windows Vista. 3D colour
as new, (cost £528) €100 OVNO
Sue Harvey 965 973 569 (Lliber)

WANTED

Sturdy exercise bike in good condition

viviencouch@yahoo.com



Small ads are really meant for the benefit of members, but we have heard that traders look for bargains to sell on at a profit—it is entirely up to the vendor of course, but you are entitled to check a membership card if you wish!

Stuck for ideas with a cucumber???? Not any more!

Michael Bulleid sent these suggestions in....

FOR YOUR BODY

Vitamins. A single cucumber is packed with vitamins B1, B2, B3, B5, B6, C, as well as folic acid, calcium, iron, magnesium, phosphorus, potassium and zinc.

Wrinkle-free

Want to get rid of unsightly cellulite in trouble spots? Rub a cucumber slice along the problem area for a few minutes – works like magic!

Hangover

If you've had a big night out and you're worried about that huge hangover the next morning, munch on a few cucumber slices before bed.

Pick up the cucumber for a pick-me-up

If you're feeling tired, don't reach out for that cup of coffee just yet – try a cucumber instead. With its assortment of B vitamins and carbohydrates, a cucumber can actually provide a “pick-me-up”, similar to (and healthier than) that which caffeine can provide.

Bad breath

Eliminate the possibility of bad breath by using your tongue to press a cucumber slice to the roof of your mouth.

Healthy stress-buster

Combat stress with cucumbers. Bring a pot of water to a boil. Slice up an entire cucumber and drop the slices into the boiling water. The steam released relieves stress.

FOR YOUR HOME

Home spa

Rub a cucumber slice along your mirror! Not only will it release a soothing, spa-like aroma in your bathroom, but it will also prevent mist from fogging up your mirror.

Surface cleaners

Simply take a slice of cucumber and rub it over the surface in question. It will remove years of tarnish, and make your surfaces shine!

Eraser

Rub the outer skin of the cucumber along the mistake, and erase the ink away from the paper. This quick solution also works amazingly on crayon or marker drawings that your kids may have scribbled on your walls!

DIY Pesticide

Grab an aluminium pie tin and drop a few slices of cucumber in it. Place the pie tin in your garden. The chemicals in the cucumber react with the aluminium, emitting a unique scent which keeps garden pests away. This DIY pest solution lasts all season, so you only need to change the set-up once every few months.

Squeaky hinges

Rub a slice of cucumber along noisy hinges.

Shiny shoes (not trainers please!)

Rub a slice over your shoes, and it'll look as good as new, and also creates a waterproof layer over your shoes.

Not sure we believe this, especially as it's April. But we have printed it anyway to let members decide.

ANYTHING FOR NEXT MONTH'S NEWSLETTER?

The newsletter deadline will be the 12th May and we will have photos and articles from the Barcelona trip, as well as the I KEA day out and the Race Night at Alkalali on the 28th April.

If anyone has a significant birthday or anniversary coming up, we'd love to have some happy photos please!

We would also like to expand our What's On back page. We always have the Parcent Cinema information for our Cinema Group, but any information about theatres, local cinemas showing English films (with subtitles - Ondara has headphones for hire for the soundtrack in English) or any other production you know about which members might like to see - please let us know.

U3A Cinema in Parcent

No tickets needed - 1 Euro requested on the door.

See Cinema Group webpage for details.



Tuesday 22nd April - 'ABOUT TIME'. Film starts 7.15, doors open 6.45.

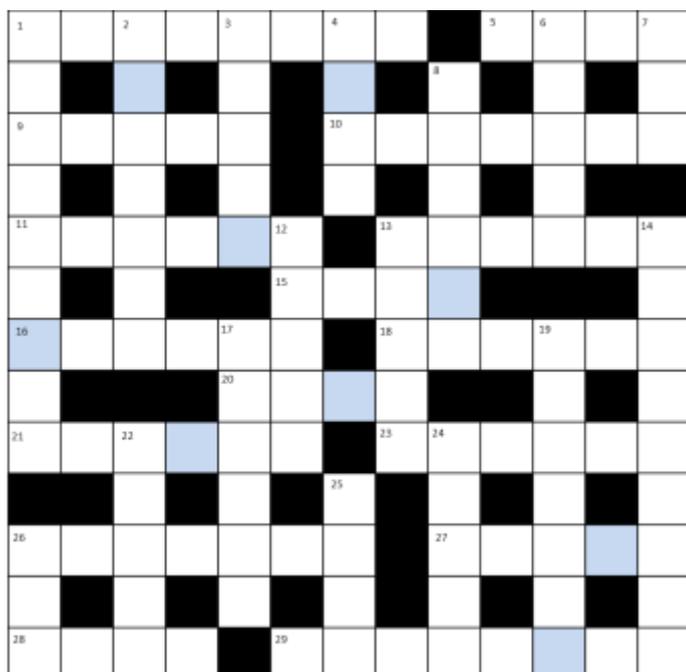
A rom-com with a twist, by Richard Curtis (Love Actually, Notting Hill, etc.). At the age of 21, Tim (Domhnall Gleeson) is told an incredible secret by his father (Bill Nighy): all the men in his family have the ability to go back and relive moments in their earlier life, and can also change their actions to get different results. He decides to use his special gift to win the heart of his ideal woman (Rachel McAdams), but finds that changing the past can also have unpredictable outcomes. Very funny, heart-warming, and actually thought-provoking. 2 hours, 2013, cert 12.

Monday 5th May - 'BLANCANIEVES'. Film starts 7.15, doors open 6.45.

No subtitles to read, as this is a SILENT film! It's a very Spanish take on the Snow White story, set in 1920s Seville, with a background of bull-fighting and flamenco. Filmed in crisp black and white, it features a very wicked stepmother and a troupe of bull-fighting dwarves, and is a beautiful visualisation of the classic fairy-tale. Not to be missed! 105 minutes, 2013, cert 12.



PRI ZE PUZZLE For the next three months we are including a puzzle for you to solve. This month it is a straightforward Crossword. The solution will appear next month.



Take the letters in the blue squares from left to right and top to bottom to spell a word.

ACROSS

- 1 Arrogant
- 5 (From) a distance
- 9 Once more
- 10 Fierce spotted cat
- 11 Picture made from fragments
- 13 Front of a shop
- 15 Ruffian
- 16 Former Portuguese unit of currency
- 18 Small open racing car (2-4)
- 20 Natural colour of linen
- 21 Whoop
- 23 Finale or termination
- 26 Presented in chart form
- 27 Fine porcelain
- 28 Orange's inner skin
- 29 Power, might

DOWN

- 1 Lacking social graces
- 2 Major horse race
- 3 Egyptian peninsula
- 4 Part to play
- 6 Swiss currency unit
- 7 Colour of rubies
- 8 Root vegetable
- 12 Timepiece
- 13 Contrapuntal composition
- 14 Signature
- 17 Profoundly
- 19 Tolerating
- 22 Prove false
- 24 Small recess
- 25 Badly behaved child
- 26 Jar lid

To enter the competition send an email quoting the word and your name, to alan0baldwin@gmail.com by Friday 18th April 2014. All correct answers to the three monthly puzzles will be entered in a random draw. The winner will receive a prize of €20 after the summer break.

A final thought ...

Life is what happens while you are making other plans' (John Lennon)

