



U3A Vall del Pop News4U

No. 47
Feb
2014



Dear Members,

Firstly, can I thank everyone who was involved in the recent 'Meet the Committee' event. It was a great success and we hope that we have enough enthusiastic members who will take your U3A forward in 2014. Your committee will be voted in, on March 6th at the AGM and I hope you take the time to support these members by using your vote. The venue for this meeting will be published nearer the date.

On another matter, I know that a number of you are very concerned about the recent proposal to introduce a law, prohibiting non hunters from walking and cycling in the countryside, for a certain number of days starting the 12th October until Easter. For many of us this would be very restrictive to our enjoyment of our local countryside. Can I urge you to sign the petition against this, which you can find at www.cbnwalkers.org.

With spring in the air, the valley looks stunning with the almond blossom, which makes walking within the Vall del Pop, the envy of many. Another good reason for signing!

Best wishes, Bob.



A NEW LOOK FOR EVENTS!

Have you seen the new way we are showing U3A Events on the website? On the HOME page, the list of 'Upcoming Events' is much smarter, and if you hover your cursor over an Event a little window appears with more information in it. If you click on an Event, you'll be taken to a page that shows full details about the Event.

AND, there is also a new version of the CALENDAR page on the website that shows mini-posters for all the events! Events are colour-coded to help you find them more easily. For example, Quizzes are blue, Holidays are green, Films are purple, and so on. We like it - we hope you will too!



Heidi Morgan, Mike Burke, Sandra Welham and Derek Martyr

"The Newsletter team have told you all this in good faith! At the time of going to press, the changes have not yet been made, but we are sure they are on the way! Oooh, the excitement! There's SUCH a lot of hard work going in behind the scenes from our dedicated U3A volunteers!"

TAI CHI DEMO General meeting on 6th Feb



We were treated to an impressive display by the Tai Chi group – led by the lithe and elegant Krystyna, beautifully dressed in an attractive Chinese top. The group was taken through a series of warm up moves, and then a demonstration of typical Short Form poses. Not a wobble or creaky knee anywhere!

Bob did his best to hide at the back, but we managed to grab a photo anyway.



Warming up moves.....



The demo....

Lorraine Barker

U3A Vall de Pop – Tai Chi Event Friday 17th January



Krystyna's Tai Chi Group had a special group class combining the beginners group with the "A Team " - which was thoroughly enjoyed by all.

3 members (Pamela , Mike and Christine) had " graduated " from the beginners to the A Team during 2013, and were presented with Diplomas.

A special certificate to commend dedication and commitment was handed to Jenny !

Finally the group presented to Krystyna a well deserved Thank You card and gift.

Sandra Welham

LAST CHANCE TO RENEW YOUR MEMBERSHIP!

The AGM will be your last chance to renew your U3A membership! All those who have not renewed by the end of March, will have their membership cancelled and will not then be able to book themselves onto trips etc..

YEAR OF THE HORSE – WOOD ELEMENT / GREEN Gong Hey Fat Choy – Happy New Year



2014 is the Year of the Wood Horse also known as the Year of the Green Horse. Wood is the element of spring, when plants have their new growth, and in the Five-Element Cycle (Wood to Fire to Earth to Metal to Water to Wood), Wood comes just before Fire and so has a favourable relationship with it. Put Wood on Fire and get a big blaze. Put all of this together and it looks like the year element Wood will be good!

In general terms, this year should bring a lot of lucky breaks, or at the very least, luck could soften the blows. People can probably take more chances than normal, but exercise some caution, don't throw it all to the winds! This year suggests we can strike out in new directions with more confidence, making at least one major change in life – health, diet, getting fit, clearing clutter, sorting out relationships.

One caution: Horse energy is sometimes about fools rushing in where wise men fear to tread. Yes, luck is there, but we still need to apply due diligence, use a little common sense and pick the best times to act. A Wood Horse year is not a year for careless investments or gambling! Be practical, and things will work out for the best.

The outgoing Water Snake has been a year of transformation for many – some hard times and difficulties, but 2014 is a Good Luck year, so let's enjoy it!

Lorraine Barker

ATTORNEY'S ADVICE - NO CHARGE (for a change)

A corporate attorney sent the following out to the employees in his company.

1. The next time you order cheques have only your initials (instead of first name) and last name put on them. If someone takes your chequebook, they will not know if you sign your cheques with just your initials or your first name, but your bank will know how you sign your cheques.
2. Do not sign the back of your credit cards. Instead, put "PHOTO ID REQUIRED".
3. Place the contents of your wallet on a photocopy machine. Do both sides of each licence, credit card, etc. You will know what you had in your wallet and all of the account numbers and phone numbers to call and cancel. Keep the photocopy in a safe place. Carry a photocopy of your passport when travelling either here or abroad.

But here's some critical information to limit the damage in case of theft

1. We have been told we should cancel our credit cards immediately, but the key is having the phone numbers and your card numbers handy so you know whom to call.
2. File a police report immediately in the jurisdiction where your credit cards, etc., were stolen.
3. Call the three national credit reporting organizations immediately to place a fraud alert on your name and Social Security number. The alert means any company that checks your credit knows your information was stolen, and they have to contact you by phone to authorise new credit. It would be useful to have the phone numbers of **your** provider/s in your mobile!

Experian call 0844 481 8000. Equifax call 0845 603 3000.

A Sad Loss

We were all saddened to hear of the death of Christine Hallam. Christine was a very active member of the Tai Chi group, until she returned to the UK for treatment. Our sympathies to Al and family.

Sandra Welham

U3A Vall del Pop Guitar Group raises 200€ for EMAUS



On Friday 24th January, the U3A Vall del Pop Guitar group were delighted to entertain over 70 members to an evening of Beatles 60's and 70's music. The group began the evening with such numbers as Eight Days a Week, Let it Be and Batchelor Boy. The audience were soon tapping their feet and it didn't take long for them to get into the spirit of the evening.

During the evening, El Paraiso, Parcent served up a fantastic buffet which everyone agreed was the best in the area. The evening continued with more 'sing a long' tunes and concluded with a 'Buy a Tune for Charity Raffle' where over 200 euros was raised for Emaus.

A night of fantastic music, great food and entertainment, made it a memorable and successful evening which they hope to repeat in the future.

Sandra Welham

MAIL FROM MEMBERS.

At the last General Meeting, Bob read out a letter received from Eric Carney. Can we believe him? We reproduce it in full

" We went to breakfast at a restaurant where the "seniors' special" was two eggs, bacon, hash browns and toast for 2.99€. "Sounds good", my wife Margaret said, "But I don't want the eggs."

"Then I'll have to charge you 3.49€ because you're ordering a la carte", the waitress warned her.

"You mean I'd have to pay for not taking the eggs?", my wife asked incredulously. "YES!" stated the waitress.

"I'll take the special then, Margaret said. "How do you want your eggs?" the waitress asked.

"Raw and in the shell"; my wife replied.

She took the two eggs home and baked a cake.

DON'T MESS WITH THE SENIORS! We've been round the block more than once!

ANYTHING FOR NEXT MONTH'S NEWSLETTER?

"NEWS 4U" is YOUR newsletter! Please send all those items which you think will interest fellow members of our U3A to lorraineu3a@gmail.com. Things you want - things you want to sell - local information - restaurant favourites etc.. Articles should be in Microsoft Word if at all possible, no more than 200 words with no fancy formatting please. If you have a LOAD of photo's ...just choose your favourite TWO !

Valentine's Recipes

From Theresa Boyle

If you are planning a romantic night in for Valentine's Night.....

Creamy avocado, bacon and basil Pasta



This scrummy recipe has 4 ingredients that are reputed to have aphrodisiac qualities - avocado, rich in potassium, folic acid and vitamin B, and basil with its fantastic and stimulating aroma, chilli which increases circulation of the blood and stimulates nerve endings, Garlic surprisingly is chock-full of allicin, an ingredient that will also increase blood flow.

Team these with the faintly erotic spaghetti or tagliatelli, and we have a dish ideal to serve for Valentines night.

Serves: 2

Ingredients:

- 225 gm spaghetti
- 100gm diced bacon
- 2 tbsp olive oil (extra virgin if possible)
- 2 large cloves garlic
- 1 large, ripe avocado
- 1 large ripe tasty tomato
- 1/4 medium red chilli
- 8 fresh basil leaves, torn
- Zest and juice of a lime
- 6 tbs cream or creme fraiche (if creme fraiche take out the lime juice)
- lots of black pepper
- Fresh Parmesan cheese to garnish plus extra torn basil leaves

Method:

1. Cook the pasta in a large pan of salted boiling water according to the packet instructions
2. While the pasta is cooking prepare the rest of the dish
3. Heat 1 tbsp of the oil in a small frying pan and fry the bacon and garlic gently for a minute or two, making sure it does not burn. Remove from heat – keeping any remaining oil – and set aside.
4. Peel the avocado. Remove the stones and chop into chunks.
6. Chop the tomatoes into chunks. De-seed the chilli and chop fine.
8. Drain the pasta and mix in the prepared vegetables and bacon
9. Add the remaining olive oil, lime zest/juice and basil leaves and cream Season well and reheat gently
10. Garnish with cheese, basil and ground black pepper

Chocolate and amaretti pudding (serves 4)



From Theresa Boyle

Our Valentines meal could not be complete without pure chocolate, the king of natural aphrodisiacs, contains anandamide, the psychoactive feel-good chemical, and PEA (phenylethylamine), the "love chemical,". PEA is said to help induce feelings of excitement, attraction and euphoria. Cacao also contains tryptophan, a key component of the neurotransmitter serotonin known to promote a sense of well-being and relaxation. Almonds provide high doses of vitamin E, magnesium.

Ingredients:

250gm Amaretti biscuits
125gm dark chocolate (70-75% cocoa solids)
325ml double cream
4 tablespoons brandy
3 tablespoons cider

Decorate with 125ml whipped cream, cocoa powder, to dust
And sprinkle with Toasted almond flakes

Method:

- 1) To start, break up the chocolate into a heatproof bowl, pour in the cream and fit the bowl over a pan of barely simmering water making sure the base of the bowl doesn't touch the water, and leave until the chocolate has melted.
- 2) Then take the bowl off the heat and, using an electric hand mixer, whisk the chocolate and cream together until you have a cold, creamy mixture.
- 3) Next, mix the brandy and cider together and pour into a shallow dish, then dip the biscuits, one at a time, first into the liquor, then into the chocolate cream, and arrange a layer of biscuits in the base of the pudding basin.
- 4) Now spread a layer of chocolate mixture over the first layer of biscuits, then repeat the whole process until you have 4 layers.
- 5) Place a saucer (one that fits inside the rim of the basin) on top of the mixture, put a 2 or 3 lb (900 g/1 kg) weight on top and leave in the fridge overnight.
- 6) Before serving, dip the basin in hot water for about 3 seconds and turn the pudding out on to a flat serving plate.
- 7) Then put the cake back in the fridge for 15 minutes to allow the outside to get firm again. Spread the whipped cream over the pudding, dust with cocoa powder and sprinkle on almonds.

USEFUL INFORMATION: -

For anyone using the ORBA MEDICAL CENTRE.

They've changed their phone numbers, as follows:-

Appointments bookings on 96 640 9985

Emergencies (after 3pm) 96 640 9990

Sheila Skinner



**We would like to mention that Helmut and Maria
(previously of Casita Maria and Bistro Maria of Jalón)**

are now hanging up their pots/pans to finally enjoy their retirement in Calpe.

Everyone that we know who has enjoyed their cuisine has been so pleased not only with the food but the congeniality offered to everyone who steps over their threshold.

Helmut (now 74) and Maria will be missed. They will finish on the 16th February 2014.

So we with friends and neighbours would like to wish them a long and happy retirement.

Cynthia and Tony Burford

CARING FOR YOUR CYCLAMEN

I wonder many of you have been given these wonderful plants for Christmas ?
Or perhaps, like me, you cannot resist slipping one into your basket when you are shopping in Lidl or at a garden centre ?

How To get the best from your plant

Place it in a COOL spot in the house.
Provide LIGHT, but NOT direct sunlight for it. A north facing windowsill is ideal.
Water SPARINGLY. They hate swimming !

If it is either under or overwatered it will tell you. It will flop its leaves and flowers.

Remedy ? Water it if dry and it will recover remarkably.

If you've overdone it with the H2O, DON'T PANIC. Squeeze the pot very gently to rid it of any excess from the compost. Then stand the pot on a series of paper towels to blot up some more and encourage the water away from the plant itself.

Repeat until the paper comes away unsaturated.

Don't water again for about a week to allow it to recover.

Cyclamen thrive OUTDOORS and seem to respond to being in a pot better than planted out directly in the ground. So...feel free to pop your colourful chap on a COOL windowsill and enjoy a flower display that lasts for many weeks/months.

You can increase the pot size over the years if you wish.

Keep cyclamen DEADHEADED to encourage further blooming
and allow a period of rest in the summer.

To do this, restrict water to an absolute minimum and place in a sheltered SHADY spot. Deep shade all day is preferable during this period.

Once autumn approaches and it begins to spring back to life, feed SPARINGLY with a liquid plant food and TALK to it occasionally.

We all appreciate some encouragement don't we ?

Enjoy your plants !

Anne Martyr.

PS - where can I buy green fingers please? I can even manage to kill mint! Lorraine

FOR SALE



Thomas Sabo Sterling silver ring size Q with zirconium stone. 130€ ono

BBQ needs hose regulator and gas bottle 40€ ono



English super king bed 200X180 with split base and triple layer Therapeutic mattress. 300€ ono

Coalport countryware coffee set reduced to 50€ ono (pix are online)

buyer collects from El Verger.

Cazzie Millington 633 488 448

expat_dragon@hotmail.com

Dunlop Golf Shoes - size 45, white & brown, worn once 15€ ono

Sea Fishing Equip.- 4 rods, 5 reels and lots of extras.

For full list and prices ring Ian 966 482 966 or taylorian4@gmail.com

Mountain Bike - Ladies or Unisex, little used 50€

Ring Patricia 966 482 966

Single bed with pull out guest bed, also has lock and metal legs. Fire resistant, good condition. Monte Pego area. 95.00€

Tel: 965 974 272 MV: 699 616 869

Cathy Gale montegale@hotmail.co.uk

Nokia Lumia 520 Smartphone

Unlocked so can be used with any phone provider. Requires Micro Sim card and can hold additional memory micro card. Usual facilities include camera, map facility, touch screen etc. 4 months old, hardly used. Retail cost currently €115. My Price €50 ono.

Carol Lockhart 616 103 167 or 96 573 2607.

Man's mountain bike, Red, €50

Flora Best electric leaf sweeper, used twice €30

Black waterproof Jacket, Kinley, worn twice size 16/18 U.K. €20

Reeves artist's easel €5

Talk Talk Spanish Linguaphone 16 CD's little used, Cost £75 €25

Ford Focus roof rack, 2 keys never used, new cost €166 only €75

Vivien Johnson 966 482 309 Alcalali_johnsonmnv@gmail.com

Two skirts size 48 knee length. Brand new, never worn, from Punta Roma.

Good quality material. Lined.

Black skirt ½ price @ 15 €.

White skirt ½ price @ 25 €.

Sales tickets still on skirts.

Tel. Joan Stocking on 679 445 787 joanstocking@yahoo.co.uk

FOR SALE - 2

Black and Decker Hedge Trimmer New 25€

1,000 Lt Water Container 100€

Ladies on/off road bike Silver 50€

Man's racing bike Red 25€

Car Polisher 25€

3 Electric spotlights 5€ New

Bench Vice 10€



Please contact Julie Thomas on 627 469 367

julestomas2@yahoo.com

FREE to a good home... a clean Double mattress
and also the wooden bed base in our under build but this will definitely need deep-cleaning.

Maureen Turley maureen.turley@btinternet.com

Also FREE

HP printer /scanner DSC 2350 all in one (USB port)

With unopened inks.



HP Deskjet D 4360 colour printer

both in working order

Ernie Wall

erneed@gmail.com

966482256

Mob. 620306713

WANTED

Ladies bicycle in very good condition (not a racing or mountain bike).

Tel. 648 538 192 maureen.heath@hotmail.com.



CARD GROUP SETTLE INTO A LUXURIOUS NEW VENUE !



New Year, new venue for our U3A card-making group. Meeting at the pensionista's in Jalón gives the group plenty of space to stretch out in and produce even more mini-masterpieces. Leaders Carole Marten and Rena Roskoss excitedly pointed out that, now they have all this work-space, they have room for more members! Experienced, or completely new to the craft, you will be made most welcome at any of their Monday fortnightly meetings (10 am.) to give it a trial run.

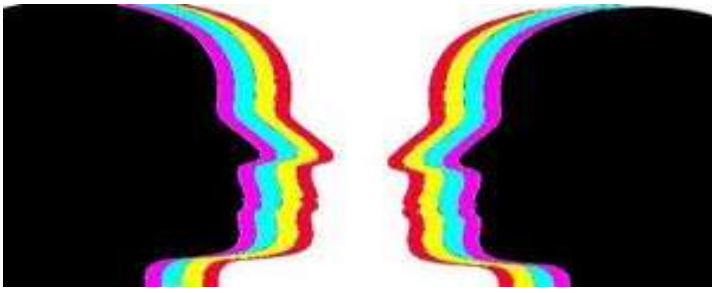
Carole Marten tel 966482625

Email caroleannmarten@hotmail.com

Rena Roskoss 966480321

Email roskoss2004@yahoo.co.uk

HEAD TO HEAD – EDITOR AND WEBMASTERS



After 3 years of looking after the website, Heidi and Mike are stepping down, but who is to take over the helm once they have gone? Jazz investigates ...

JAZZ: How would you describe the work you have done over your three years as webmasters?

HEIDI: Like many retirees, Mike and I enjoy sitting at our computers and fiddling about. We have tried to look at the website with fresh eyes, and have taken it page by page, sat down with the people involved such as the Groups Co-ordinator, Treasurer, Membership Secretary, etc (even you Jazz!) and worked together to create a people-friendly site.

JAZZ: Then why are you retiring from the job?

HEIDI: We think it would be good for someone else to bring some fresh ideas onboard! Everybody has their own views on what is good and what is not ... it's time for someone new to take things forward. We will still be around, and will always be pleased to offer help and advice to any new web-caretaker, and do any on-the-job training necessary.

JAZZ: But what exactly does the job of Webmaster involve?

HEIDI: Just making sure that the website is always up to date and relevant. We have always tried to give other people responsibility for their own fields. For example, Jazz, you yourself update quite a few of the pages, many of the group leaders choose to look after their own pages, and the events leaders also put their own information on the site.

JAZZ: Is the work very technical? What sort of qualifications does a “Webmaster” need?

HEIDI: Do you know, I really hate that title! It sounds quite scary, not to mention sexist! You wouldn't like to be called 'Newsmaster', would you?

JAZZ: No I certainly wouldn't! So what would you rather call the job?

HEIDI: Well, I look upon the website as a sort of on-line newsletter, so maybe something like 'Website Editor'? It describes the work better. Anyone who is comfortable with computers, can type and has an eye for layout and design could do it really. If you already maintain a blog, you will feel very much at home with Wordpress, which the website uses, but it's easy enough to learn if you haven't done it before. You need to be a good communicator, happy working with a team and be able to present things well.

JAZZ: So you don't need to be a computer programmer?

HEIDI: NO! – although if you do happen to have any IT experience, it wouldn't hurt, of course.

JAZZ: How much time does the job take up?

HEIDI: You could get away with as little as 2-3 hours a week if that's all you have time for, plus going to the committee meeting once a month. We have tended to do more, because we find the work interesting and satisfying to do. Usually there are no panics, so the work can be done as and when the time is available. Of course, during the hot summer months nothing goes on – the shop is closed!

JAZZ: This sounds like a really interesting job!

HEIDI: Like all the U3A jobs, you give it as much or as little as you feel you can. It's fun to do (especially if you tend to be a bit geeky!) and you do get to know everything that's going on in the U3A.

JAZZ: Our U3A is growing at a tremendous rate. Will this make the job more difficult?

HEIDI: Not really. The number of groups may increase, but there is still only one Travel, Culture and Events Group, only one newsletter, only one committee, etc.!

[Continued on Next Page](#)

HEAD TO HEAD

Continued from Previous Page

JAZZ: So you have you enjoyed the challenge over the last three years?

HEIDI: We certainly have! It's kept the little grey cells in good working order, introduced us to new friends and been something very worthwhile to tinker with. Even the committee meetings are relaxed and enjoyable! We've added a lot of new pages over the three years, and revitalised the pages that were already there. We've also done some background work in helping other committee members with their jobs, and we've opened up the website so that others can contribute, and have provided training and continuing support to them. These are all ideas we have had great pleasure in running with. It's given us a great sense of achievement.

JAZZ: Phew! You have been busy! The U3A obviously owes you a big THANK YOU!

Well, I guess that anyone who feels a bit interested in taking over from you should get in touch ?

HEIDI: Yes – Mike and I will be pleased to talk to anyone and explain more. Perhaps over a cup of tea or coffee?

** If you feel you might fit in as a member of the webmaster (or “web-editor”?) team, email webmaster@u3avalldepop.com to talk to Heidi and Mike. They will be stepping down after the AGM at the beginning of March, and at the moment it looks like they will be leaving a great big gap.*

CALLING ALL THOSE BRILLIANT PHOTOGRAPHERS WHO ENTERED OUR PHOTOGRAPHIC COMPETITION !

Clearing out the cupboard, I have found a pile of photographs which were entered, yet remained uncollected when we displayed the winners last year. These are top-quality prints! I shall bring them along to the AGM in March for their owners (or owners' mates) to collect, or you could email me to make other arrangements – jazzwaspe@hotmail.com. Either way – it would be such a shame to see them sitting here unloved. PLEASE claim them!

I have prints for Mike Sefton, Vivienne Johnson, Sarah Browne, Vernon Pearce, Lucien Lannoye, Peter Gallant, plus a disc from Dave Sharman.

... By Jazz



NEWLY-WEDS !

James Harvie and his new wife Barbara – having tried to hide from the camera last month – were finally cornered at the General Meeting and presented with a bottle of wine from Bob on behalf of everyone at the U3A.. We all send our congratulations and best wishes for the future.

A computer once beat me at chess, but it was no match for me at kickboxing.

- Emo Philips

We have just received an email from Richard at The Chair hairdressers in Jalón

" Because of the fantastic support we have received from the members of U3A Val de Pop we are struggling to fit all those who wish to receive our discount on the 2 days. So we are extending the offer to every day we are open, we close on Wednesdays.



Also ..we have heard a rumour, it would seem it is been passed around among the members, that we are closing. This is not true ! We are here to stay, not selling up, moving back to the UK., - nothing but working in our lovely modern salon, helping ladies look gorgeous and men look smarter (the latter not that easy).

Kind Regards Richard"

This month, there are three new places where a discount is offered to members of the U3A.



NYREE GRANT - BEAUTICIAN. - Calle Moreres, Rafol D/Almunia

Nyree offers a whole range of beauty treatments including threading, manicures, pedicures, nails (Shellac), facial peels, waxing, eyelash tinting, hot stone massage and more. Find her in a cosy stone building near to the Sports Centre in Rafol, shared by Rosana the hairdresser, Tuesday to Saturday from 10am.. On their first visit, U3A members will pay only half price, and after that Nyree will give a 20% discount.

Ring for appointments or more details - 639 36 79 70



ROSANA - Calle Moreres, Rafol D/Alumina

English-speaking Rosana shares her premises near the Rafol Sports Centre with friend Nyree, so between them they can offer a complete beauty treatment. Full range of hairdressing options - all with 20% discount for U3A members. Only pay half-price on your first visit. Closed on Mondays. Open from 10am.. Ring 965 587 551.

PAUL GRANT - PAINTER AND BUILDER.

Paul is an experienced (and legal!) English builder based in Rafol, who can offer the complete range of building services, including help with Town-Hall paperwork. He works closely with George, a recommended painter and decorator, (George is German, but speaks excellent English) so between them, they can handle any building task you may have. 15% saving on work and materials for U3A members.

Ring 616 390 472

AND FINALLY!

SPECIAL GUEST SPEAKER IN APRIL! A LIFE IN FOUR ACTS



Principal Ballerina Graciela Kaplan tells the story of her life as a dancer from early experiences at ballet school in provincial Argentina via an international dancing career to becoming Principal

Dancer in one of the UK's major

ballet companies. She tells the intimate life of being a dancer; the travelling, costume malfunction, the highs of success and coping with the **trauma of injury, and deals with the dancer's problems of life post dance.**

This is a warm, life affirmation of determination, dedication and success but laced with humour and **down to earth anecdote. The angst of "Black Swan" the movie, it is not.....**



U3A VALL DEL POP - MONTHLY MEETINGS

6TH MARCH - All-important AGM, where the old committee account for themselves over the 2013/2014 year and a new committee is voted in. No speaker this month.

3RD APRIL - Principal Ballerina Graciela Kaplan
1ST MAY - Mike & Louise Stone from Spec-savers

5TH JUNE - Speaker (with samples) from Torrevieja about Victorian and Georgian costume



SOCIAL DANCING GROUP - NOW TRIPPING THE LIGHT FANTASTIC EVERY MONTH AT LOS AMIGOS!

Angela Woodhouse has organised this great group, - **you turn up at 7 o'clock on the Thursday** evening, socialise with friends, choose food from the menu and dance, dance, dance! Reserve your places through angela@woodhouseaa.plus.com.



U3A Cinema in Parcent

No tickets needed - 1 € on the door.
See Cinema Group webpage for details.



Monday 17th February - 'QUARTET', by popular request! Starts 7.15, doors open 6.45. Maggie Smith, Tom Courtenay, Billy Connolly and Pauline Collins lead a splendid cast in this comedy/drama directed by Dustin Hoffman. It's set in a retirement home for musicians, where each year the residents put on a concert to help fund the home, but this time they need to raise extra money. Trials and tribulations ensue! 94 mins, 2013, cert 12.



Monday 3rd March - 'COCO BEFORE CHANEL' Starts 7.15, doors open 6.45. Audrey Tautou stars in this French film about the unconventional early life and loves of Coco Chanel, before she became famous. Although born in poverty, she was determined to be successful. She rebelled against the Edwardian fashions, and believed that women's clothes should be easy-to-wear as well as stylish. Amazingly, she was the only woman to be listed in Time magazine's list of the 100 most influential people of the 20th century! 106 minutes, cert 12, 2009.



MERCAT DE TERRA

HAVE YOU TRIED THE ECO-MARKET YET?
Every first Saturday morning of the month in Jalón Square - what a great atmosphere! Crafts, local produce, displays, etc..

